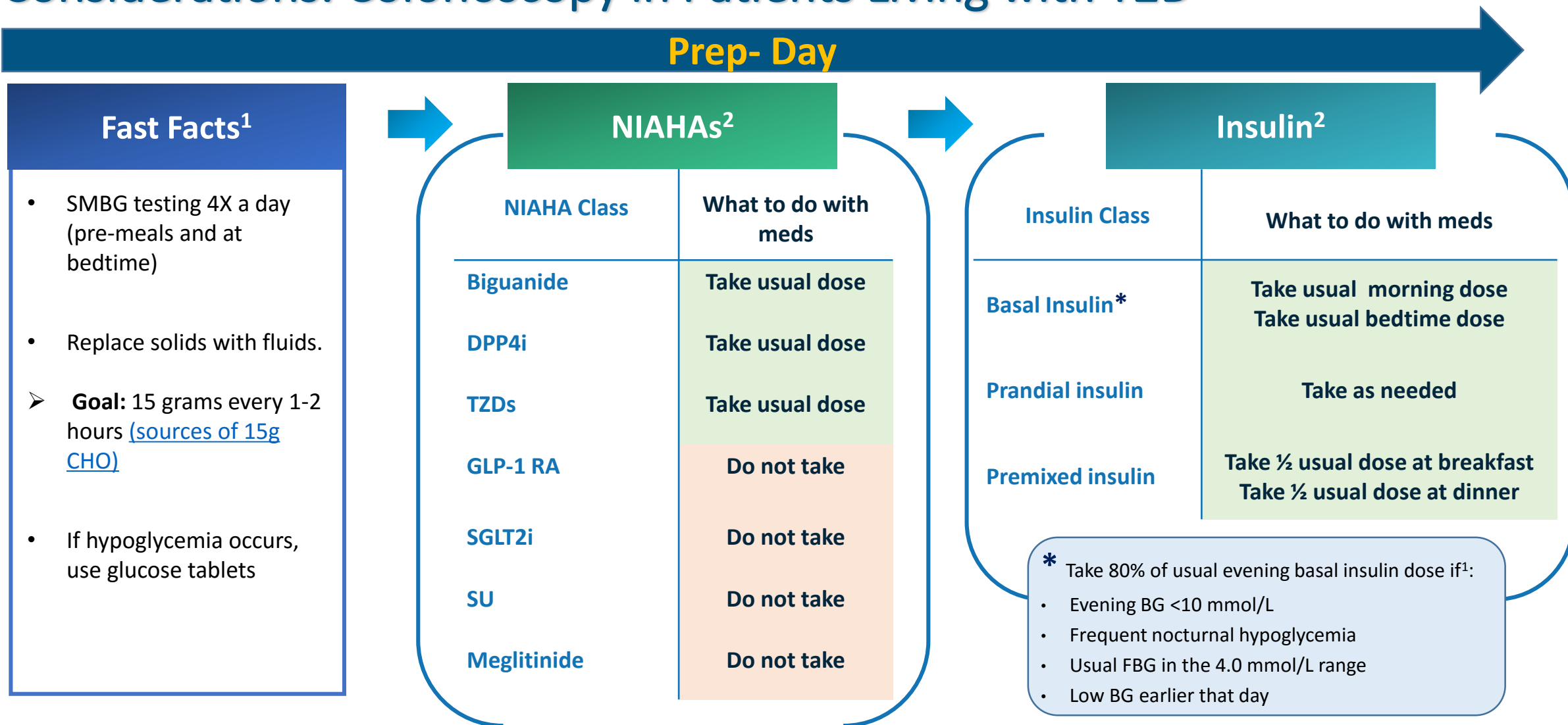


Considerations: Colonoscopy in Patients Living with T2D



This educational tool was developed by the Insulin Matters panel of experts with financial support from sanofi-aventis Canada Inc., and is for health care professionals only.

Considerations: Colonoscopy in Patients Living with T2D

Colonoscopy Day

Fast Facts¹

- Advise patient to bring their insulin and glucose meter
- **BG goal: 8-12 mmol/L**
- If BG >16 mmol/L adjust to target of 12 mmol/L (or less)

NIAHAs²

NIAHA Class	What to do with meds
Biguanide	Do not take
DPP4i	Do not take
TZDs	Do not take
GLP-1 RA	Do not take
SGLT2i	Do not take
SU/ Meglitinide	Do not take

Insulin²

Insulin Class	What to do with meds
Basal Insulin	Do not take morning dose Take usual bedtime dose
Prandial insulin	Do not take morning dose Resume lunch/dinner dose if eating
Premixed insulin	Do not take morning dose Resume lunch/dinner dose if eating

Post-Procedure: Resume usual dose of NIAHAs and insulin once eating¹

This educational tool was developed by the Insulin Matters panel of experts with financial support from sanofi-aventis Canada Inc., and is for health care professionals only.

References: 1. Diabetes Canada, Building Competency in Diabetes Education: The Essentials 2016; Chapter 8; 17–18; Saskatchewan Advanced Insulin Dose Adjustment Module: <https://www.ehealthsask.ca/services/resources/Resources/advanced-insulin-dose-adjustment-module.pdf>; Royal Cornwall Hospitals NHS Trust, Clinical Guideline for the Care of Adults with Diabetes Who Require Bowel Preparation, 2013: 1–12; 2. <https://southwestgi.com/wp-content/uploads/2015/06/DiabeticMedicationInstructionsforColonoscopyPrep.pdf> Accessed March 25, 2018

Sources of 15 g Simple Carbohydrate (Fluid)

➤ **Goal:** 15 grams every 1-2 hours

- 150 mL (~2/3 cup) regular pop
- 250 mL (1 cup) of Gatorade (regular)
- 150 mL (~2/3 cup) of juice
- 125 mL (1/2 cup) of regular gelatin dessert
- 125 mL (1/2 cup) of apple sauce
- 75 mL (1 stick) of popsicle