STARTING RYBELSUS®

Take on an empty stomach upon waking

Swallow tablet whole with a sip of water (up to 120 mL)

Wait at least 30 minutes before eating, drinking, or taking any other oral medication

- **Do not** split, crush, or chew RYBELSUS®.
- **Do not** remove the pill from the blister pack until you are ready to take it, as RYBELSUS® is sensitive to moisture and light. Removing it too soon can prevent it from working as planned.
- **Do not** stop RYBELSUS® without talking to your healthcare professional. If you stop taking it, your blood sugar levels may increase.

What is RYBELSUS® used for?

RYBELSUS® contains the active substance semaglutide. It is used to lower blood sugar (glucose) in adults with type 2 diabetes. RYBELSUS® is used on its own if your blood sugar level is not properly controlled by diet and exercise alone and you cannot use metformin, or in combination with one or more other medicines for diabetes when they are not enough to control your blood sugar levels.
Your RYBELSUS® dosing plan

**PACKAGING IS COLOUR-CODED BY DOSAGE STRENGTH**

**STARTING DOSE**

**3 mg**

The starting dose is 3 mg once a day for 30 days

**MAINTENANCE DOSES**

**7 mg**

After 30 days of 3 mg once a day, your healthcare professional will increase your dose to 7 mg once a day for at least 30 days; then, maintain dose

**14 mg**

Your healthcare professional may decide to increase the maintenance dose to 14 mg once a day if your blood sugar is not controlled with the 7 mg dose after 30 days

If you have any further questions on the use of RYBELSUS®, ask your healthcare provider.

Please see the Patient Information Leaflet for more information or contact your healthcare professional with any questions you may have about type 2 diabetes or your RYBELSUS® treatment.